

Garden Personality

It may seem strange to think that a garden has a 'personality'. I bet if you went out into your garden, or gardens now, you would find that your garden fits into one, or two, of the categories listed.

1. **Native** (*all native plants*)
2. **Eclectic** ... a little of everything!
3. **Romantic** garden has lots of plants, not too formally planted and spilling over the edge of borders ... loose and generous rather than neat and formal.
4. **Vintage or Rustic** gardens use repurposed or upcycled items to create fun displays in the garden.
5. **Traditional** gardens have a well-defined garden with a meticulously tended lawn.
6. **Cottage** gardens use an informal design, traditional materials, dense plantings, and a mixture of ornamental and edible plants.
7. **Midnight** garden has all white flowers that glow in the dark.
8. **Victorian** garden ... a garden overflowing with bold, bright flowers such as dahlias, roses, petunias, and especially geraniums.
9. **French Kitchen** garden intermingles veggies, fruits, flowers, and herbs.
10. **Whimsical** garden has a 'sense of humor' displaying whimsical items throughout the garden.
11. **Pollinator** garden contains flowers that attract bees, wasps, birds, butterflies, and insects.
12. **Fairy Garden** contains small plants especially the following

Pansies	Sunflowers
Bee Balm	Columbine
Petunias	Tulips
Foxglove	Nasturtiums

What personality is your garden? Gardens?



“Flowers are a proud assertion that a ray of beauty outvalues all the utilities in the world.”

-Ralph Waldo Emerson

Program and Events

Tuesday, July 25 - Tour of the new Children’s Garden at the Green Bay Botanical Gardens. Meet at the front entrance at 1:00 p.m. Meeting following the tour.

Tuesday, August 22—KCGC Meeting at 7:00 p.m.

Tuesday, September 26—KCGC Meeting at 7:00 p.m.

Saturday, September 23—Ag Heritage Days, Luxemburg Fairgrounds.

Sunday, September 24—Ag Heritage Days, Luxemburg Fairgrounds

Bell Children’s Garden

These are some of the interesting things you will see at the new Bell Children’s Garden. This 2 1/2 acre wonderland is just part of the 47 acre Green Bay Botanical Gardens. The **Garden Mission** is connecting people with plants by providing year-round educational and recreational experience for everyone, and will nurture a love of nature in all guests throughout every season.

One of the best parts of the garden—you can go every 30’ and you will be in a different experience. There are lots of water features: rainbow garden, splash play area, wetland deck, and mushroom play area with slides and trampolines.

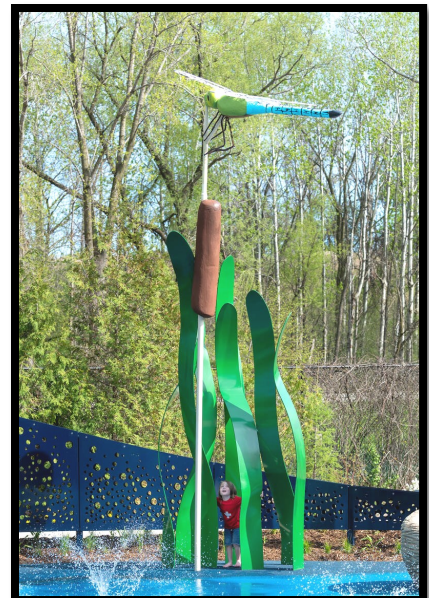
Summer activities at the garden include ...

- Garden Tours
- Children’s Story Time
- Discovery Station
- Scavenger Hunts and Garden Discovery Boxes

Amphitheater Opportunities for Kids ...

- Princess Party in June
- Magic Show in July
- Family Fun Concert in August

‘Learn, play, and enjoy Nature’





Roses from My Garden



Benefits of Houseplants

According to some scientists, many common chronic health complaints may be caused by poor indoor air quality. Studies have suggested that plants can clean the air that we breathe.

- * In the 1980s, Dr. Wolverton, a NASA scientist, was involved in reducing astronauts' exposure to airborne chemicals from synthetic materials that they would bring into space. He discovered that specific houseplants were efficient at absorbing contaminants.
- * In 1996, some Norwegian office workers coughed 37% less after plants were introduced into their workspace.
- * A study in India, in 2008, showed that workers in plant-filled office buildings had 24% fewer headaches, 52% less eye irritation, 34% fewer respiratory conditions, and a 12% higher lung capacity than workers in plantless environments.
- * An Australian study, in 2010, showed that 'Janet Craig' dracaena and the peace lily reduced negative moods (e.g., *anger, anxiety, depression, stress*) in office workers by 40% to 60% over a three month period of time.

Some plants worth trying in your home or office...

1. **Corn Plant** (*type of dracaena*) - This is an excellent overall air purifier with variegated green foliage. The mature plant will display fragrant white flower stalks.
2. **'Janet Craig' Dracaena**—It is especially good at removing trichloroethylene and is easy to grow and tolerates neglect. Good idea is to keep one next to your work area.
3. **English Ivy**—A very effective air purifier that can take on benzene as well as other compounds. English ivy tolerates fairly low light.
4. **Peace Lily**—is very good at disposing acetone, benzene, methyl alcohol, and formaldehyde.
5. **Boston Fern**—it removes formaldehyde more effectively than any other plant.
6. **'Kimberly Queen' Fern**—This fern tolerates dry indoor air a little better than the Boston fern and is a great overall air purifier.
7. **Dwarf Date Palm**—It is a strong overall purifier, second only to the Areca Palm in the capacity to remove toluene and xylene from the air.
8. **Bamboo Palm**—An excellent all-around air purifier that will cleanse your home or office of benzene, formaldehyde, and trichloroethylene. It is a very easy plant to maintain.
9. **Rubber Plant**—This plant is especially good at removing formaldehyde, the most common toxin in your home. It grows slowly and tops out at about 10' tall indoors.
10. **Areca Palm**—This is rated as the very best air-purifying houseplant, taking into consideration how easy it is to grow and how well it humidifies the air (*a tall areca palm will add a quart of water a day to your home's humidity*). It is an especially good remover of toluene and xylene.

What Plant Is It?

1. What plant is capable of moving its leaves in response to touch?
2. What is the most expensive spice in the world obtained from the stigmas of flowers?
3. What is the tallest species of grasses?
4. Which vegetable can be used as a natural dye for fabrics?
5. What carnivorous plant was the inspiration for the fictional character 'Audrey II' in the movie "Little Shop of Horrors"?
6. What plant can produce electricity as demonstrated by a research team at MIT?
7. What fruit is commonly mistaken for a vegetable and was once believed to be poisonous?
8. What is the world's most consumed vegetable?
9. What is the world's most deadly fungus found in gardens and compost heaps?
10. Which plant is known to have the highest level of antioxidants among common fruits and vegetables?
11. What plant can change its leaf color based on the light it receives?
12. Which plant is known for its ability to improve indoor air quality by absorbing toxins like formaldehyde?
13. What plant can survive extreme temperatures from -40°F to 120°F ?
14. Which country is the world's largest producer of roses?
15. What plant is capable of producing a natural sunscreen due to its UV absorbing compounds?
16. What is the world's largest herbaceous plant?
17. What plant is known to have one of the longest lasting blooms in the plant kingdom?
18. What plant is known for its explosive seed dispersal mechanism?

Kewaunee County Garden Club

Officers:

President: Tom Zenner

Vice President: Cheryl Eberle

Secretary: Sue Hepp

Treasurer: Ann Brunner

Marketing Committee:

Tom Zenner

Barb Smith

Cheryl Eberle

Nancy Lamack

Joel Weichelt



A mother duck sitting on 5 eggs in my Astilbe garden.

Relaxation

After a day of gardening in this very hot weather, why not enjoy a cool drink utilizing some of the herbs or plants from your garden?

Edible flowers such as borage blossoms, lilac florets, calendula petals, violets, and honeysuckle are colorful additions to beverages, along with any of the culinary herb flowers. Use them fresh in season or freeze them in ice cubes to use all year long.

Vegetables including cucumbers, snap peas, and cherry tomatoes will bring your botanical cocktails to a new level, whether they are muddled into the drink or used as garnish.

Lavender has a floral sweetness. Use it sparingly as it can be overpowering and even bitter. The petals make a delicious lemonade that can be enjoyed as is or enhanced with light spirits such as vodka or gin. It is also tasty with a splash of tequila or rum.

Lemon Balm has a sweet, citrus flavor and is good for calming stress and anxiety—it is aromatherapy in a glass! Muddle with watermelon and shake with tequila, ice, and agave for a summery margarita.

Mints are many—for drinks, chocolate mint, spearmint, and apple mint are the best. Peppermint can be too overpowering. Mints are a must have for mint juleps!

Answers to 'What Plant Is It?'

1. Sensitive Plant
2. Saffron
3. Bamboo
4. Beets
5. Venus Flytrap
6. Spinach
7. Tomato
8. Potato
9. Death Cap Mushroom
10. Blueberry
11. Croton
12. Boston Fern
13. Yucca
14. China
15. Aloe Vera
16. Banana
17. Orchid
18. Touch-me-Not