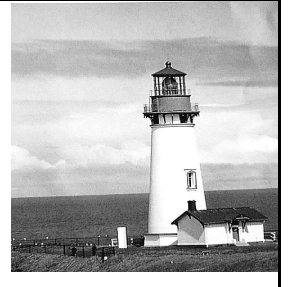


The Headland

Newsletter of the Kewaunee Co. Garden Club



Volume 14 No.1

January– February 2012



Inside this issue:

<i>January Meeting</i>	2
<i>February Meeting</i>	2
<i>Obituary</i>	3
<i>Book Review</i>	3
<i>Seeds</i>	3
<i>WPT Garden Expo</i>	4
<i>Garden Recipes</i>	6

Think Spring

New Plants for Your Garden in 2012

One of the more common greetings between friends is “what’s new?“. At this time of year for gardeners, “what’s new?” means looking for new varieties of flowers and vegetables for their gardens.

Gardeners are always looking for that new flower that is bigger, brighter, and more reliable than what they have been growing. For the vegetable grower, they are looking for that variety that is earlier, higher

yielding and more disease-resistant.

A good place to start is to look at some of the award winners. This year's All American Selections, (AAS) has one flower and three vegetables, although one of the vegetables is sold as an ornamental. That is the Black Olive ornamental pepper. It has an upright habit with draping leaves and dark purple/black fruit. As the summer progresses, the fruit matures to red. The fruit is edible, being very hot.

A second pepper is also a selection. However this one is not grown as an ornamental. This is the pepper "Caynnetta". It is an excellent tasting, mildly spicy pepper that is easy to grow. This variety produces chili peppers about 3 to 4 inches long on a compact upright plant. This variety has good cold tolerance, which is an advantage for

northern gardeners.

The last vegetable is the watermelon "Faerie". This melon has creamy yellow rind and sweet pink-red flesh with a high sugar content and crisp texture. It grows with compact vines and produces fruit that are in the 4 to 6 pound range.

The only flower in this year's selections is the salvia "Summer Jewel Pink". Summer Jewel Pink is an dwarf-sized annual that is notable for its prolific production of spikes of delicate pink flowers throughout the growing season. Like its sister variety, Summer Jewel Red, the flowers are rich in nectar, which makes it an excellent choice for the hummingbird and butterfly gardens. The blooms appear about two weeks earlier than in other pink salvias.

continued on page 4

January Club Meeting

When: January 24, 7:00 p.m.

Where: Kewaunee Senior Center, 320 Herrierson St. This is located above the Kewaunee fire station.

Program: Tom Ward from Manitowoc County will give a program on the identification and control of invasive species.

Invasive dominated ecosystems are less interesting, less beautiful, less productive, and very difficult if not impossible to repair once the invaders move in. The list of invasives that impact our area is quite large. In Lake Michigan we have the sea lamprey, the quagga mussel, and the threat of Asian carp. Inland we have buckthorn, garlic mustard, honeysuckle and phragmites grass. The best strategy is to keep the invasives out in the first place.

February Club Meeting

When: February 28, 7:00 p.m.

Where: Luxemburg Village Hall. This is located at 206 Maple St. in Luxemburg.

Program: Martin Zeitler will give a talk on 'Growing Shiitake Mushrooms'. Mr. Zeitler has been growing shiitake mushrooms for

many years and will pass on his experience and knowledge to the club.

The shiitake mushroom is native to East Asia and has been cultivated there for centuries. It is often featured in Asian cuisine and is considered a delicacy. It is also thought to have medicinal properties.

Wolfgang Oehme 1930 – 2012

Wolfgang Oehme, a German-born innovative landscape architect whose ideas changed the face of the American garden died Dec. 15. He was 81.

Mr. Oehme graduated from the University of Berlin in 1954 with a degree in landscape architecture. A major influence was Karl Foerster, a German plant breeder and writer active before World War II, who emphasized the natural all-season garden. It was Mr. Foerster who started the renewed interest in ornamental grasses that gave gardens structure and added interest in the

autumn and winter.

Mr. Oehme left Germany in 1957 and took a job with the Baltimore County Recreation and Parks Dept. During the 1960's he started designing gardens in the Baltimore area that began to get the attention of other landscape architects.

In 1975 Mr. Oehme joined with James van Sweden to form the firm of Oehme, van Sweden & Associates. Their redesign of the Federal Reserve gardens in Washington D.C brought them to the forefront of garden designers. They called their style "the New American Garden" which has become the standard for landscape architects in this country

Book Review

Warblers of the Great Lakes Region & Eastern North America

Chris G. Earley

If you have been having trouble lately telling the difference between the Cape May, Yellow-rumped, Cerulean, Blackburnian, Bay-breasted and Blackpoll warblers, then you may want to invest in "Warblers of the

Great Lakes Region & Eastern North America". This well illustrated paperback book of about 130 pages helps the birder differentiate between the various similar looking warblers. It shows examples of both spring and fall plumage, song descriptions, and lists other warblers and even other bird groups that look similar. In addition, there is a short paragraph called 'Nature Notes' that describes the habits of the various warblers that will help you in your identification.

Seeds, Seeds, Seeds

The Olds Seed Company has gone out of business and through a family member, Jerry Sinkula has obtained their remaining seeds. These are fresh seeds with a selection equal to that of any major seed catalog. There are 20 varieties of carrots, 40 of tomato and over 100 of flowers. In addition to packaged seeds there are bulk pea, corn, bean and carrot seeds. Some varieties have over 2000 individual packets.

Jerry plans to make these seeds available to Kewaunee Garden Club Members, and Kewaunee, Algoma, and Luxemburg Community Garden participants. In addition, he would like to use the seeds to raise money for the Kewaunee County Food Pantry for purchase of the Lakeshore CAP building. These seeds will be available at the garden club's January Meeting. Before you order any more seeds, you will want to check these seed. The seeds will be free but a donation to the Kewaunee County Food Pantry would be appreciated.

continued from page 2

Another award given out is the Herb of the Year. This year's winner is the 'Rose'. While we may not think of the rose as an herb, it does have uses that we usually associate with herbs. The rose petals can be used as a flavoring in baking or for giving scent in sachet bags. In addition, rose hips are used to make tea and as a source of vitamin C.

The Perennial Plant of the Year for 2012 is *Brunnera* 'Jack Frost'. The leaves are like cracked porcelain with green venation peeking through a frosty silver overlay. It has forget-me-not like flowers but is mainly grown for its attractive foliage.

The hosta of the year is 'Liberty', which is a sport of 'Sagae' but with wider leaf margins that change from yellow to creamy-white as the summer progresses.

In addition to the winners of the various awards, there are a number of new introductions that merit consideration.

One new introduction from one of the usual suspects, i.e. Terra Nova Nurseries, is *geranium*, "Fire Storm". Fire Storm has bright orange blooms with wrinkly geranium-like

leaves. It has a compact habit, growing about 20 inches tall and is hardy to zone 5.

A new low growing veronica 'Tidal Pool' that was bred at the Chicago Botanic Garden, has violet-blue flowers with pale yellow centers. It spreads quickly, stays low, and is drought tolerant. This plant could be used in a dry, sunny spot where other plants might struggle.

Two new *Heucherella* from Terra Nova Nurseries are 'Redstone Falls', which is the first *Heucherella* with a trailing habit. This makes it ideal for using in containers. The broadly lobed copper-colored leaves with dark veins change colors with the season. 'Solar Eclipse' has broadly scalloped red leaves that are bordered in lime green. It forms a vigorous mound 10 inches high by 16 inches wide.

A new *Rudbeckia fulgida* from Jelitto Seeds is 'Little Goldstar'. Little Goldstar is floriferous, compact and well-branched, with closely spaced 2-inch flowers held just above the foliage. The golden yellow flowers have a dark brown cone and bloom July through October. Grows 14-16 inches tall and 16 inches wide. Attracts butterflies and songbirds.

WPT Garden Expo

The garden club will be sponsoring a bus trip on Saturday, February 11th to the WPT Garden Expo at the Alliant Energy Center in Madison.

Trip Itinerary:

Departure points & times

5:45am Babler Bus Co. Maplewood

6:05am Algoma, the parking lot on the west side of Bay Lake Bank

6:30 Kewaunee, the south parking lot of the

Elementary School on Lincoln

7:10am Park & Ride Hwy 41 & Co Hwy G, De Pere

Please send payment no later than February 5th to:

Jane Papham

1311 Miller St.

Kewaunee, WI 54216

Include name, address, phone # & pickup point. You will be contacted to obtain box lunch order.

Cost \$50.00 per person, which includes transportation, continental breakfast, boxed lunch & 1 admission ticket.



Craft Projects at the November Club Meeting

Kewaunee County Garden Club

Growing with Friends

Mission Statement:

It is the mission of the Kewaunee County Garden Club to support the horticulture efforts of the people and communities of the county with volunteer work, education, and example.

Garden club Web Site:

www.kcgardenclub.org

Membership Information:

Single Membership _____\$10.00

Couple Membership _____\$15.00

Send to:

Donna Hella N4480 County 'B', Kewaunee
WI 54216

Garden Recipes

Quick Granola Breakfast Rolls

Bread Machine Recipe

Ingredients:

- 1 cup raisin bran cereal
- 1 cup granola
- 2 1/2 cups unbleached bread flour
- 1 1/3 cups white whole wheat flour
- 2 tablespoons brown sugar
- 2 tablespoons nonfat dry milk powder
- 1 tablespoon ground cinnamon
- 1 teaspoon salt
- 2 tablespoons unsalted butter, at room temp.
- 1 1/2 cups water, at room temperature
- 1/2 cup buttermilk, at room temperature
- 1 tablespoon honey
- 1/2 cup raisins
- 2 1/4 teaspoons active dry yeast

Topping:

- 1 cup granola
- 1 egg white, beaten

Instructions:

1. Place cereal and granola in a large resealable plastic bag; finely crush with rolling pin.
2. In the pan of a bread machine, place crushed cereal and remaining roll ingredients; turn on dough cycle. Let sit 5 minutes then open bread machine and touch dough to check for consistency. The dough should form a ball around the kneading blade. If dough is too dry, add 1/2 to 1 tablespoon water. If dough is wet, add 1 tablespoon flour at a time until the right consistency is reached. When dough consistency is correct, remove from pan and divide into 18 equal pieces; shape into rolls.
3. Meanwhile, for topping place granola in resealable plastic bag and finely crush with rolling pin. Place in shallow dish.
4. Dip each roll into egg white then crushed granola, lightly pressing granola onto dough.
5. Place rolls on baking sheets that have been coated with cooking spray. Cover; let rise in warm place until doubled in size (about 45 to 60 minutes),
6. Preheat oven 350 degrees F. Bake rolls 17 to 20 minutes, or until golden. Remove rolls from baking sheets and cool on wire rack.